

Strawberry and Pea Salad

	Ingredients
½ lb.	Lettuce greens, chopped
½ C	Frozen baby peas, thawed
½ lb.	Fresh strawberries, quartered
½ C	Sliced almonds, roasted or candied
½ C	Parmesan cheese, shredded
	Pea shoots, optional
	Dressing
½ C	Olive oil
¼ C	White wine vinegar
2 Tb	Sugar
1 Tb	Dijon mustard
¾ tsp	Poppy seed, optional

Method

1. Whisk together the dressing ingredients or blend with an immersion blender if available.
2. Combine or layer on salad plates the lettuce, peas and strawberries. Sprinkle with almonds and parmesan cheese.
3. Garnish the finished salad with pea shoots or combine the pea shoots with the lettuce greens.
4. Serve with the dressing.

Mango and mandarin oranges also go well with this salad.